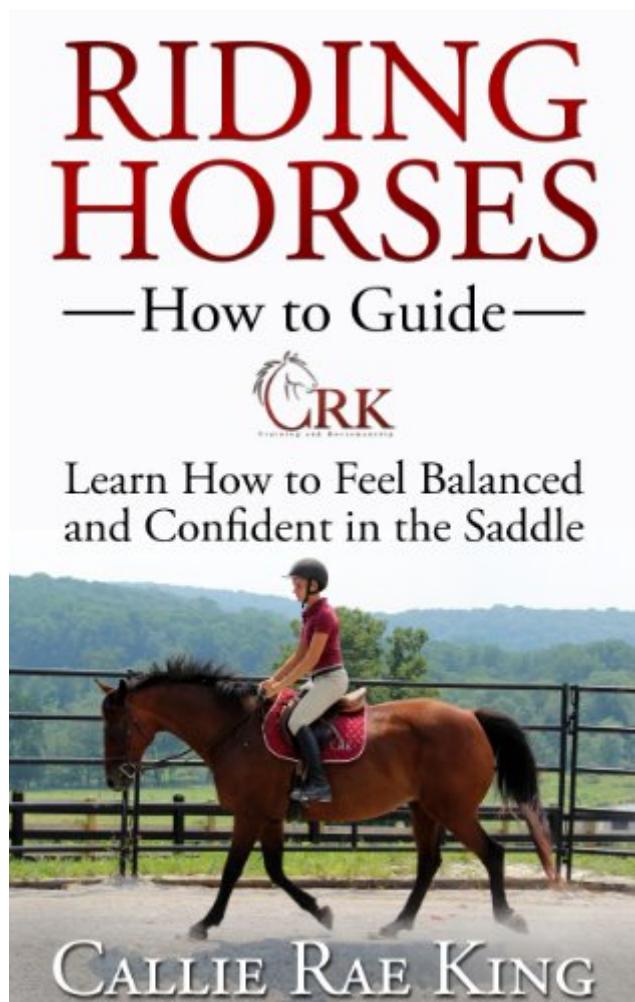


The book was found

# Riding Horses - How To Guide, Learn To Feel Balanced And Confident In The Saddle



## **Synopsis**

Did you know that the way new riders are often taught how to ride horses is not the way experienced riders actually ride? I say this because new riders are often told kick to go, and pull back to stop... but experienced riders don't do this - they use their whole body to ride, communicating with the horse through subtle movements. Even as a total beginner, you can start using these advanced skills as you ride and this book will show you how. And if you're not a beginner and want to take your riding to the next level, look no further! This book is written to be concise and to the point. I want to give new horseback riders all the information they need to start riding without so much "fluff" that it becomes overwhelming. This is your quick start guide to riding horses the right way!

## **Book Information**

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## **Customer Reviews**

I took Callie's balanced riding course which covered everything that is in the book in video format. However the book provides a note format of what you have watched. (for the most part, it is meant to be a stand alone book) if you're a novice it is an excellent read. I highly recommend it, for the price you can't go wrong. If you are a rider and are trying to improve your riding I would recommend her balanced riding course. The book is a couple of bucks and the course is \$300, OK, you have a

choice to make. The thing I liked about her on line course is once paid for you can go back and re-run the videos over and over until you feel you are comfortable with the issue you are trying to learn. Callie is still young but tells you at one point she has 17 years of riding experience. She also has a degree from Penn State, I assume from other comments her degree was in AG related to equine of some sorts. She doesn't list her resume anywhere but drops little comments. She is very much the professional and continues to study, she will share her lessons and what she learned. She is studying dressage and you can watch those lessons. The comment section that follow her video are helpful. She invites you to send in your own videos for her to critique. No, I'm not her Father I just really liked the little package.

This is a brief book--you can read it in an hour--but the teaching is right on target and very sound. If you read this before you get on a horse, you may save yourself "a world of hurt." There is a lot more to be said about everything involved with horses, of course, but this is very helpful. If you have a kid who is looking forward to maybe riding a horse at camp, or thinking that maybe she'd like to have a pony, at the least, don't let her near a horse until she's read this. If you have her read it before her first lesson, she will learn much faster. If you think she can learn to ride on her own, without lessons (about as easy as learning the piano without lessons), at the very least have her read this. It costs about as much as a bale of hay. Very well worth the price. I gave it four stars because there are a number of proof reading errors.

This is a super little book that gives us all a very interesting overview of how-to's for well balanced riding. I love how in the short space, the author gives a lot of information, to the point, without unnecessary "babble". I was really looking for something different from what "typical" beginner horse riding lessons try to teach us, and this sure answered that, love it!

I follow Callie's blog and I have watched all of her videos, she explains things so simply and I have learned more from her blog than I have from any lessons that I have taken. The book is great it gives you what you need without too much talk that can become confusing, she is simple in her teaching and very effective.

Callie is really a great teacher, she has the simplest words to explain in a very clear manner what we, as beginner riders, thought was a very complicated thing. And even if you are a seasoned rider, these main basic setups for better riding are very useful as reminders, or upgrades on habits. Her

insight on what makes a horse tick is close to perfect. Way to go, Callie!

First, this a guide, it is short, but for someone thinking about riding horses it give you very good basic information. It will not make you an expert horseman or guarantee that you will be able to gallup on your first ride, but it starts your journey and will be extremely helpful in your learning to ride. It is written very clearly which makes it easy to understand. Try it you'll like it.

Callie is a great horsewoman and is able to articulate well. The book is very easy to read and understand. She offers some great insights on the basics one needs. As a beginning rider I felt this book was very helpful.

I love the constant reminder that the horse mirrors our emotions so check ourselves so the horse understands your desire and the time together is safe and enjoyable. I haven't risen for 30 years and our rescued pony I "greenback" but he let me sit on him 2 times bareback maybe this spring we'll actually go for a nice walk together.

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